WISE

FOLISH

NOT SURE

Wear clean clothes when you leave the house.	Never get your clothes dirty.
Never eat junk food.	Eat healthy food most of the time.
Never break a promise.	Be careful when you make promises.
Drink plenty of water to stay hydrated.	Drink soda with every meal.
Drink hot chocolate as a treat.	Think before you act.

Don't ever do anything Check with an adult if you're not sure what without asking at least four adults. to do. Never climb the Be careful climbing the play equipment: play equipment. it's too dangerous. Don't say something Don't text strangers or online if you're not willing accept their texts. to say it in person. Treat people as badly in Never play video games. person as you do online. Play video games when you have extra Do your chores every day. screen time and your chores are finished.

Don't do anything but Be careful when you use the stove. your chores every day. Use the kitchen to make Don't use any appliances snacks for yourself until you have permission and friends instead of from an adult. bothering your parents. When you're angry, When you're angry, make sure everyone make sure no one knows knows about it. about it. When you're angry, use The best way to avoid words and talk with a drama is to not have trusted friend or adult friends. about how you feel.

The best way to avoid drama is to spread lots of rumors and talk badly about your friends.

The best way to avoid drama is to be kind and thoughtful.

